

**COVID 19: READ & CARE**



**BE SAFE – RESPECT - STAY SAFE**

**FAO: SATURDAY FOOTBALL @ NCA RE: OUTDOOR FOOTBALL/SPORTS**

**DATE: 8/9/2020**

**CASUAL PAYMENTS:** Contactless card payments available (5% service fee), exact cash accepted *(Term fees online only)*

**BEFORE: BE PREPARED – BE AWARE – BE SAFE!**

- Make sure you're booked in on Club Enrolment for track and trace purposes before you arrive
- Check and self assess yourself/children; if you or they have symptoms you must stay at home, be safe and follow government guidelines
- Make sure children are dressed and prepared for the session prior to leaving as changing rooms aren't available. Bring trainers & boots
- Please bring a marked water bottle
- No early gatherings
- Children need to sanitise before, during and after, either with their own or the coaches.
- If you arrive before 9:30 am, please stay in your car or at least socially distance outside.
- You may register from 9:30 am onwards, following the guidance of KC staff on site. For the first week at least, there will be WHITE tubing and staff on hand to guide you into registration. **Red cones** will be used as a distance marker within the tubed walk way. *(Don't use normal pathway – that's for gym use)*
- If you're a newbie, please wait in line with your child to register. If you're regular, please send your child off to one of the various KC staff and they will take them to their session area whilst you sign in/register with KINNERZ (Phil).
- Avoid ALL physical contact with others
- Any spectators must socially distance and stand behind the white coned lines provided by your child's pitch. That said, if you don't need to stay, please return to pick up your child rather than waiting around to reduce congestion as outlined by the FA.
- If/when leaving, please exit on the opposite side of the tubing you entered on. *(Follow **Green cones**)*

**DURING: PLEASE MAKE YOUR CHILDREN AWARE**

- Avoid physical contact whenever possible (when not in active play, off the ball)
- No shouting or spitting
- Sneeze/cough into your inner arm always
- Face masks allowed if you wish to wear one
- Avoid touching the ball; and to help with this, there will be NO throw ins or roll ins; please use your feet to retrieve any ball and to re-start play. Kick ins ONLY.
- Bibs are for identity use only; please don't use them to wipe your hands or mouth. Bibs will be washed after every session.
- No physical celebrating following a goal (do not embrace anyone; thumbs up, smiles and words of compliment are just fine)
- No hand shakes or high fives
- Do not touch the goals
- Personal goalie gloves only, do not share
- Ideally no contact with parents during

**CANTEEN/INDOOR SEATING:**

- Not available, out of use this term.

**TOILETS:**

- Please use the OPEN door on the right side of the school building as you look at it from the field, opposite the gym. Follow the corridor up to the unisex toilets. Use the wall mounted hand sanitiser upon entrance and exit please, thank you.

**AFTER: BE EFFICIENT – BE PREPARED – BE AWARE – BE ALERT – BE SAFE – BE POSITIVE & BE HAPPY!**

- Return to social distancing rules as stated above under 'Before' and hand sanitise
- Do not hang around at the facility once the session/payment is complete; go home, be safe, respect others
- Following a session, IF you have symptoms, you MUST contact me ASAP and follow government guidelines.