

**COVID 19: READ & CARE**



**BE SAFE – RESPECT - STAY SAFE**

**FAO: ALL CUSTOMERS**

**RE: OUTDOOR FOOTBALL/SPORTS**

**DATE: 2/9/2020**

**BEFORE: BE PREPARED – BE AWARE – BE SAFE!**

- Make sure you're booked in on Doodle, as every session has a cap.
- Check and self assess yourself; if you have symptoms you must cancel your attendance on the app, stay at home, be safe and follow government guidelines.
- Make sure you are dressed and prepared for the session prior to leaving as changing rooms aren't available. Face masks allowed
- Please bring a marked water bottle
- Hand sanitise before, during and after
- If you arrive early, please stay in your car or at least socially distance outside of the facility in use until you receive further instruction from the coach.
- Avoid ALL physical contact with others
- No early gatherings
- Any spectators must stay outside the facility and socially distance at all times. No gatherings.

**DURING: BE AWARE – BE ALERT – BE SAFE!**

- Avoid physical contact whenever possible (when not in active play, off the ball)
- No shouting or spitting
- Sneeze/cough into your inner arm always
- Face masks allowed if you wish to wear one
- Avoid touching the ball; and to help with this, there will be NO throw ins or roll ins; please use your feet to retrieve any ball and to re-start play. Kick ins ONLY)
- Bibs are for identity use only; please don't use them to wipe your hands or mouth. Bibs will be washed after every session.
- No physical celebrating following a goal (do not embrace anyone; thumbs up, smiles and words of compliment are just fine.
- No hand shakes or high fives
- Do not touch the goals
- Personal goalie gloves only, do not share
- No contact with spectators at any time

**AFTER: BE EFFICIENT – BE PREPARED – BE AWARE – BE ALERT – BE SAFE – BE POSITIVE & BE HAPPY!**

- Return to social distancing rules as stated above under 'Before' and hand sanitise
- Ideally make term payment online via BACS/PayPal (Info on Doodle)& make sure your details are logged
- Contactless card payments available if really needed, exact cash accepted as last resort (£7 casual rate)
- Do not hang around at the facility once the session/payment is complete; go home, be safe, respect
- Following a session, IF you have symptoms, you MUST contact me ASAP and follow government guidelines.

**KINNERZ is your local sports company that care; we're here to keep things safe & fun!**

**Thank you** for your time, custom and continued support. **READ, REMEMBER, BE SAFE & ENJOY!**

Kindest regards,

**Phil Kinsey**

**KINNERZ COACHING**

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